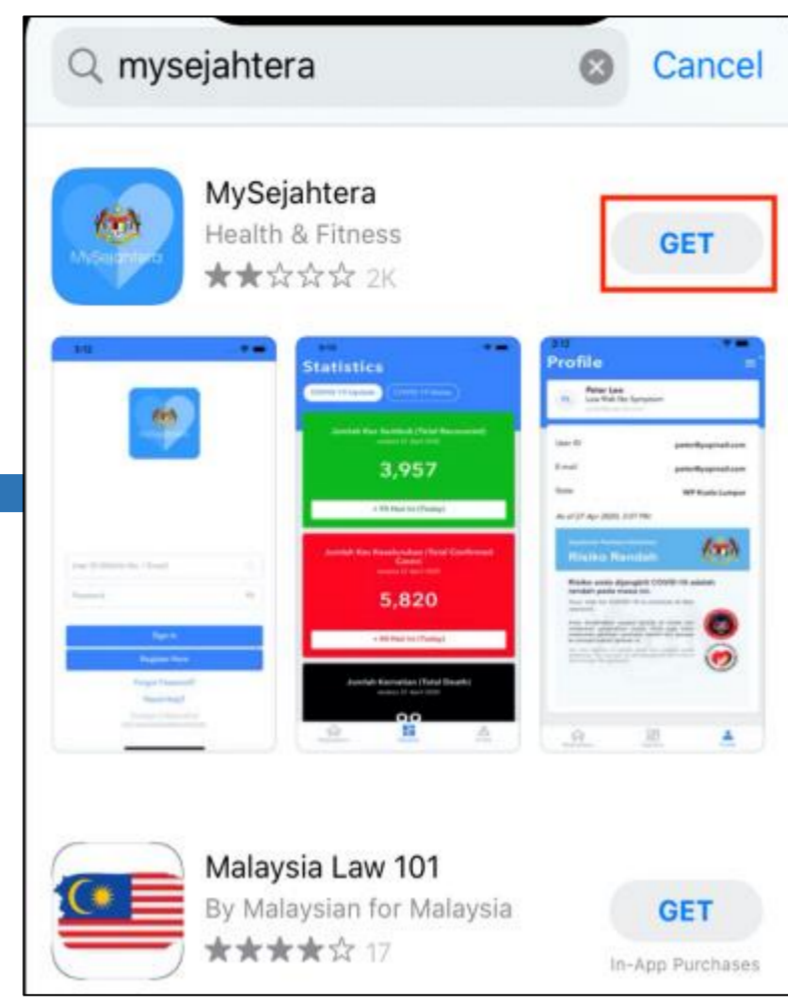


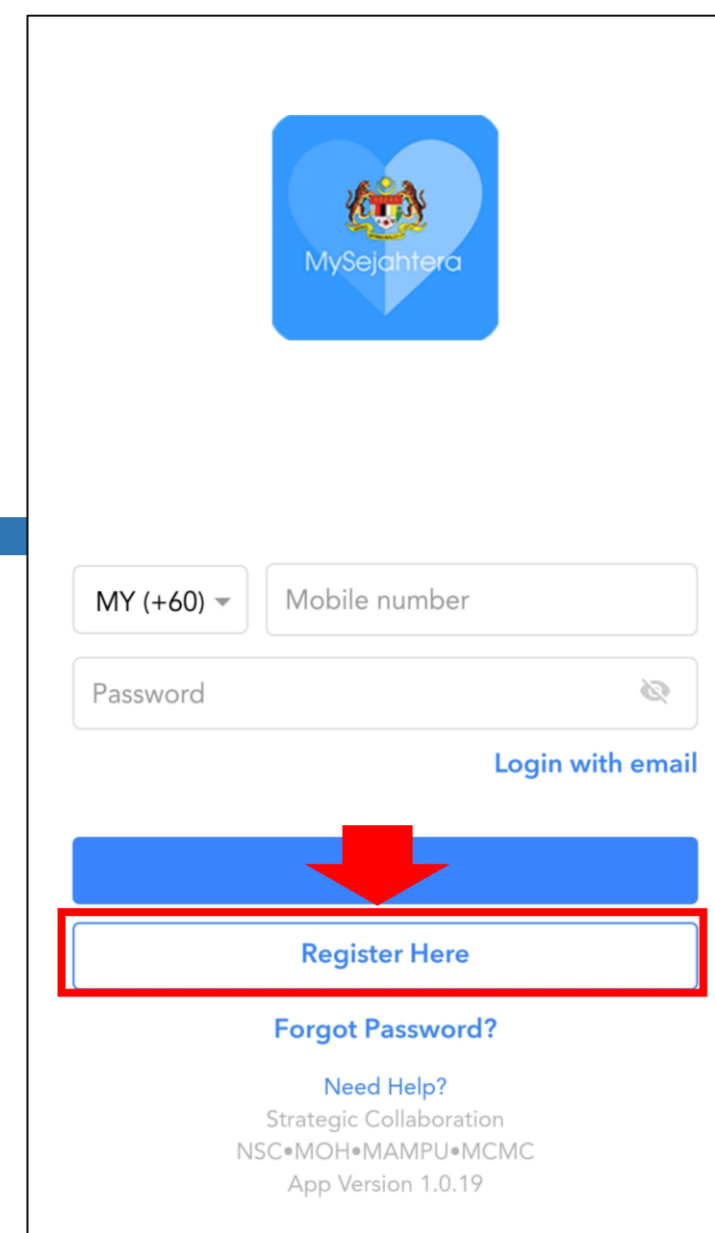
# BEFORE ARRIVING TO MALAYSIA



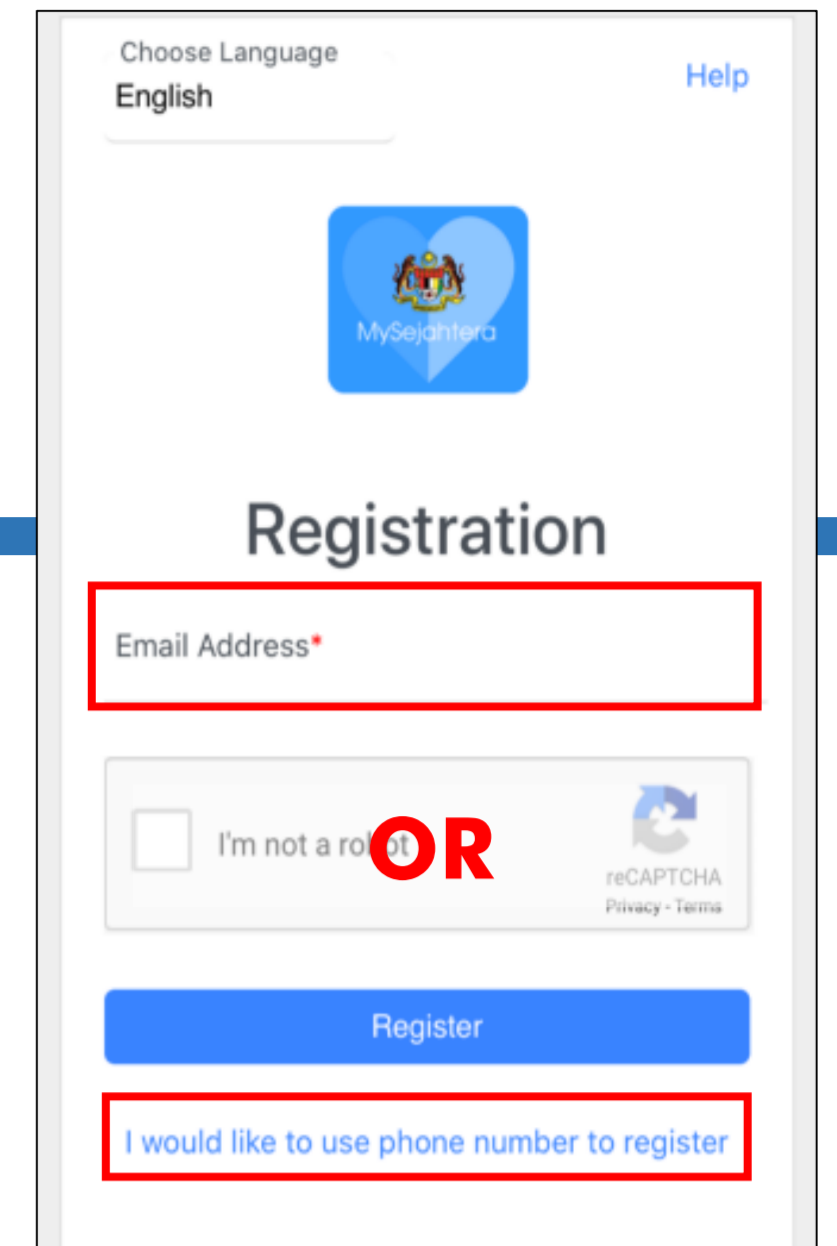
1. Choose one of the application to download "MySejahtera".



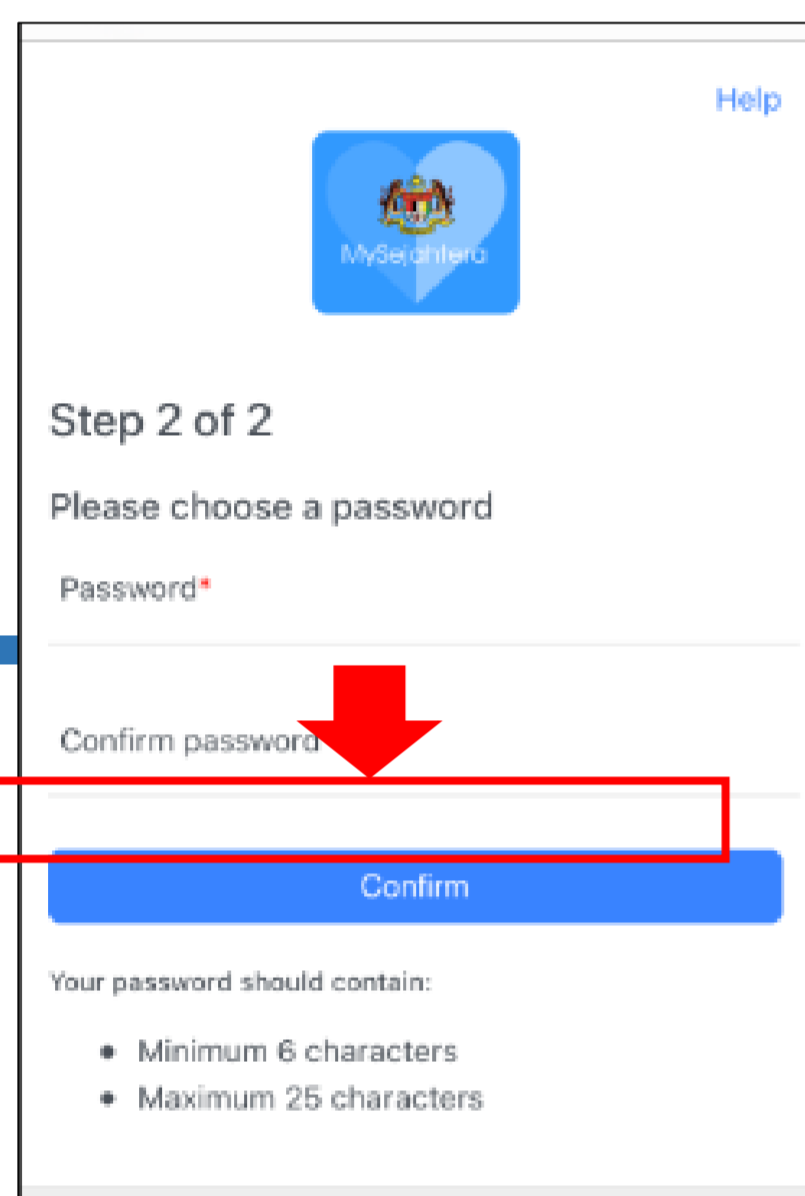
2. Find "MySejahtera" and click "Get".



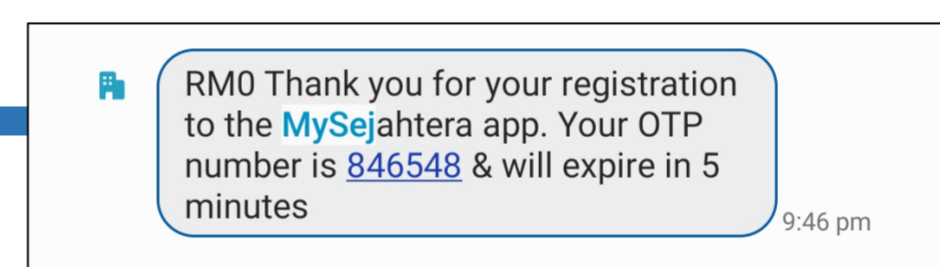
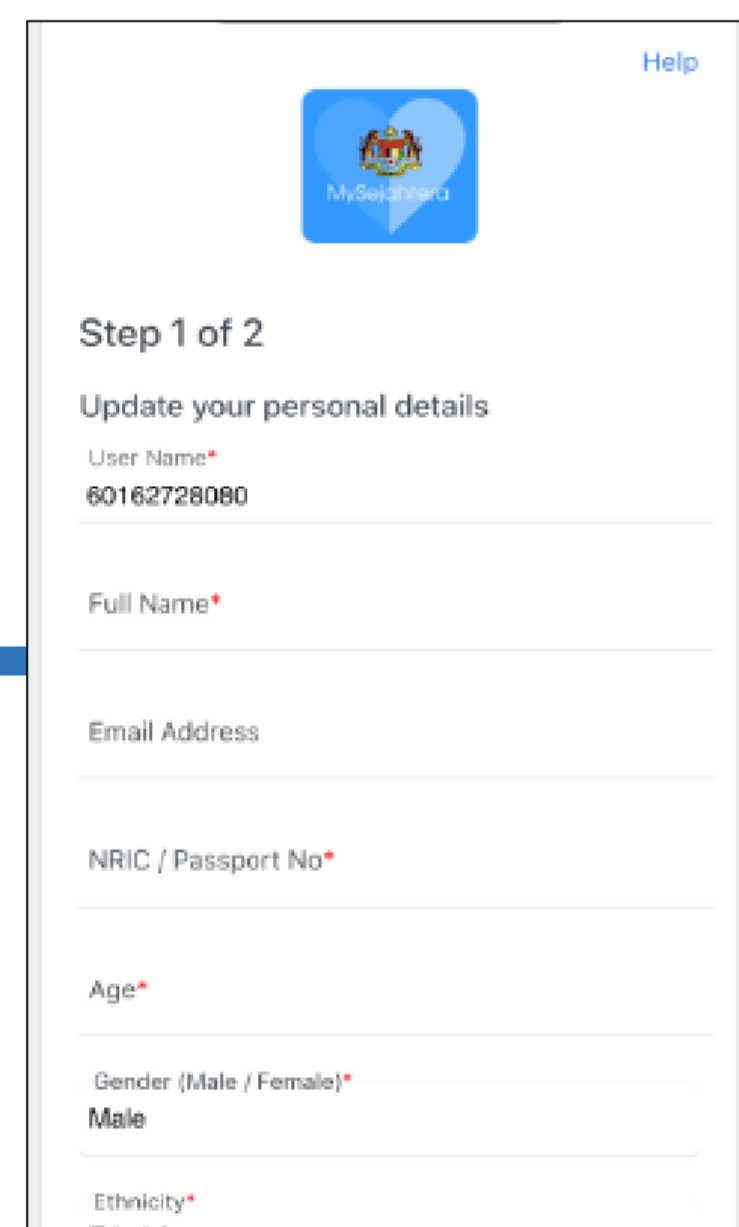
3. Click "Register Here" to register your account.



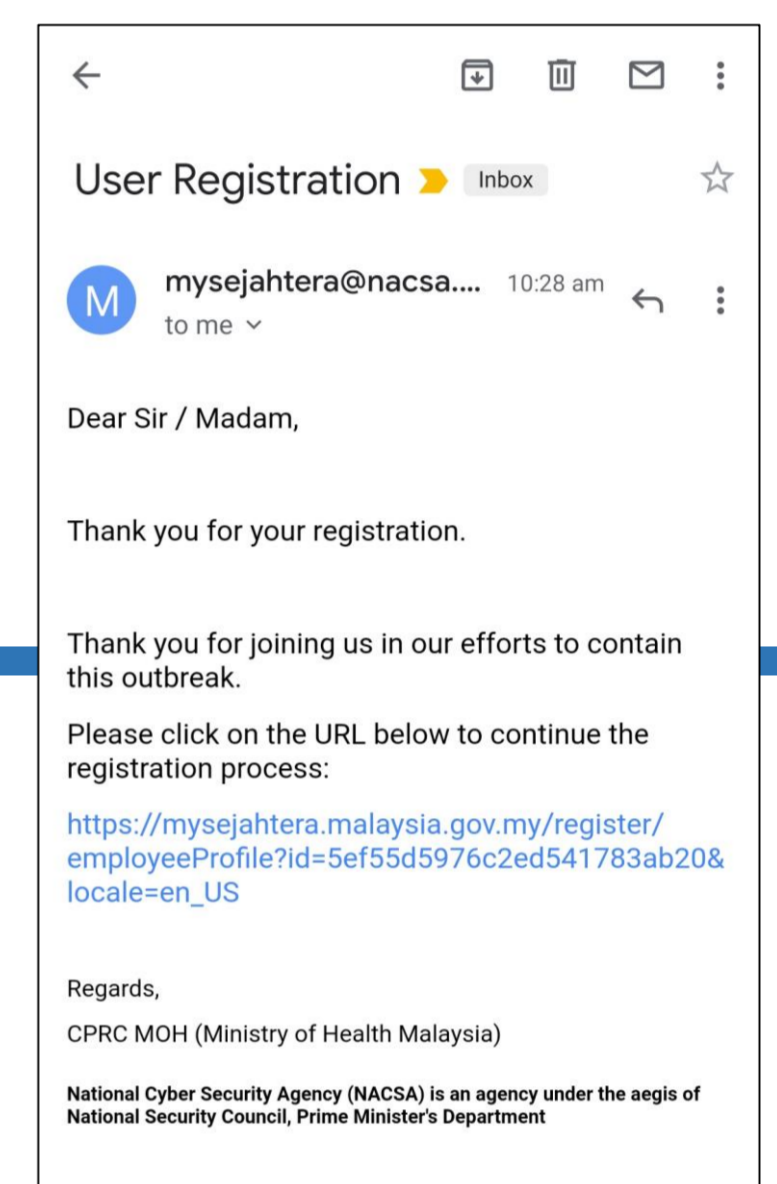
4. Register using an active email or phone number.



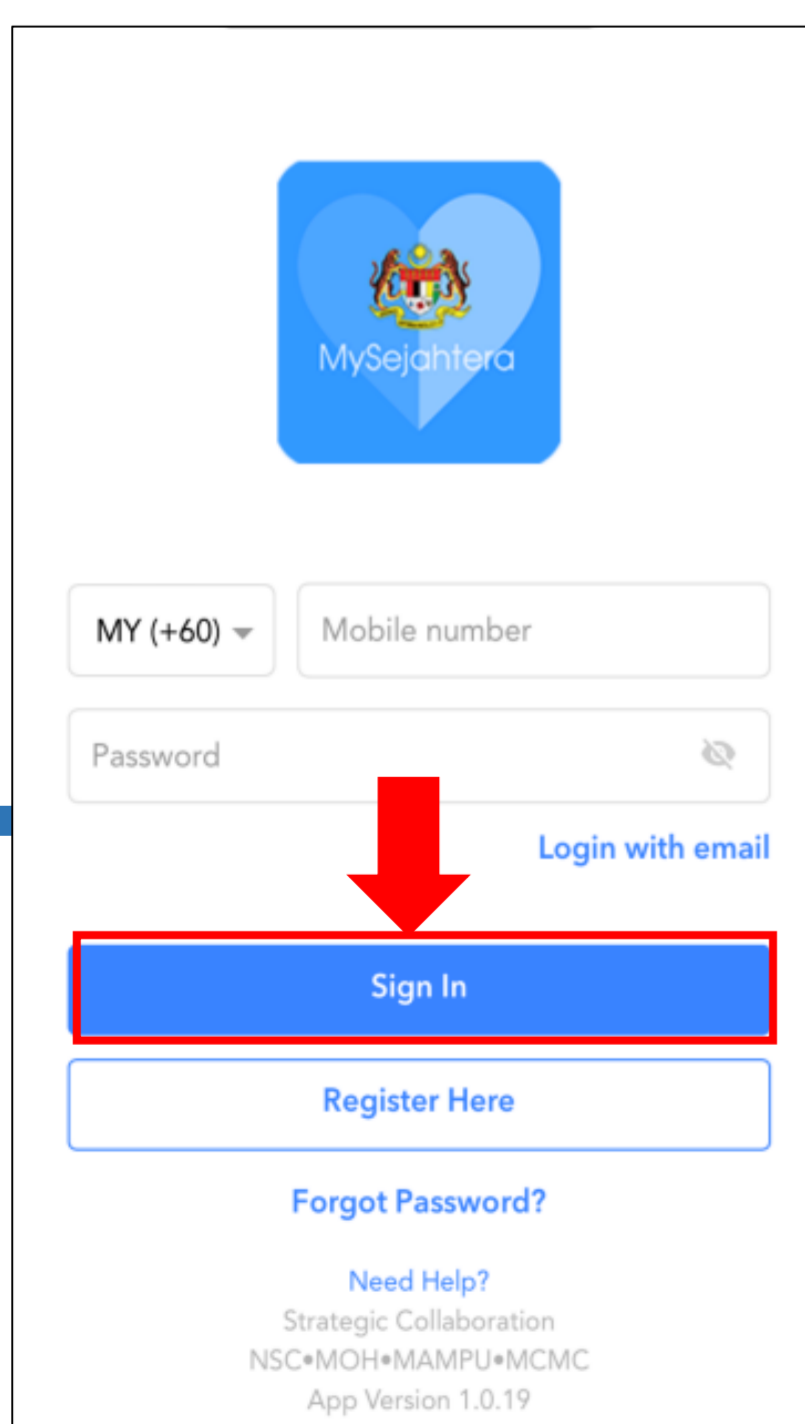
6. Fill in the form, set your password and click "Confirm" when done.



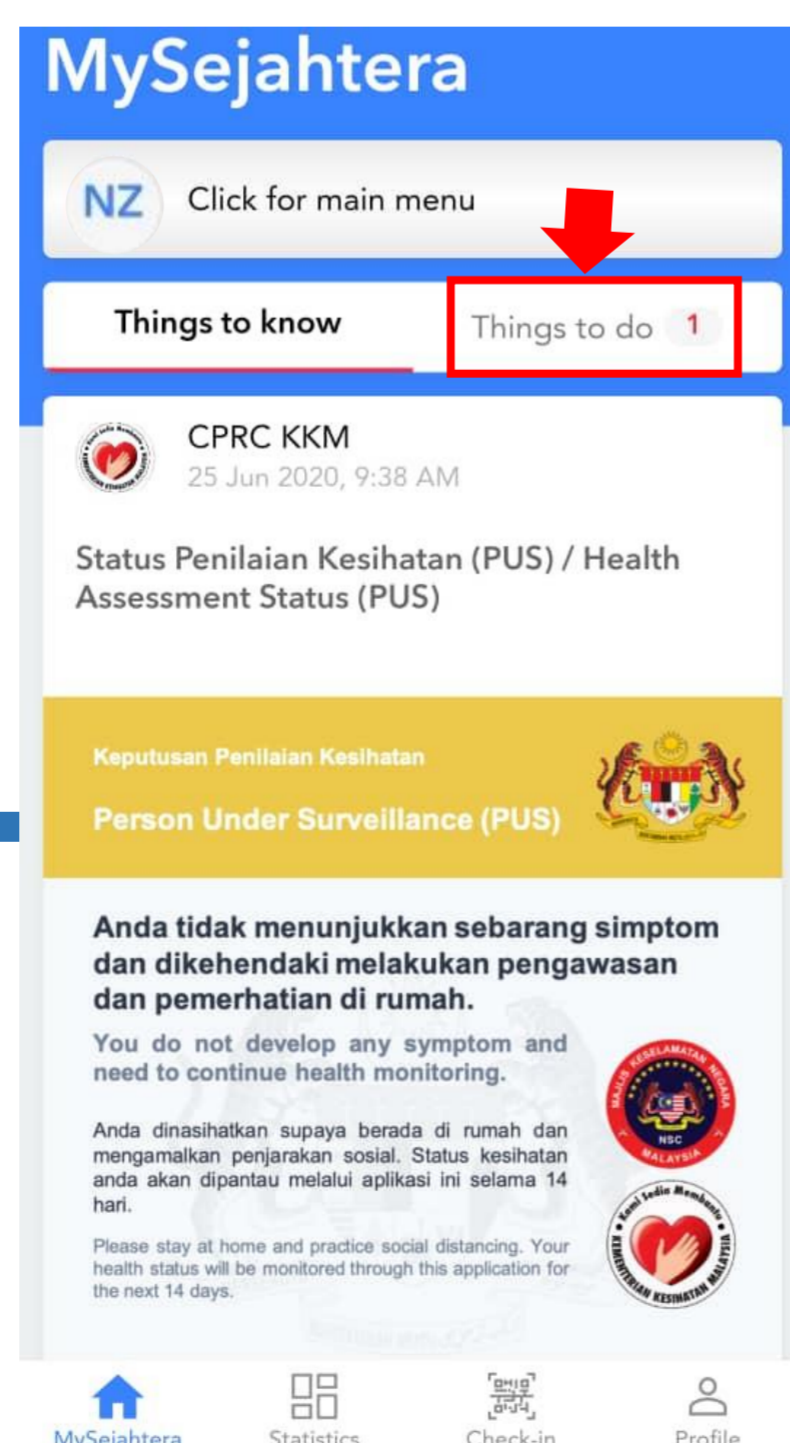
OR



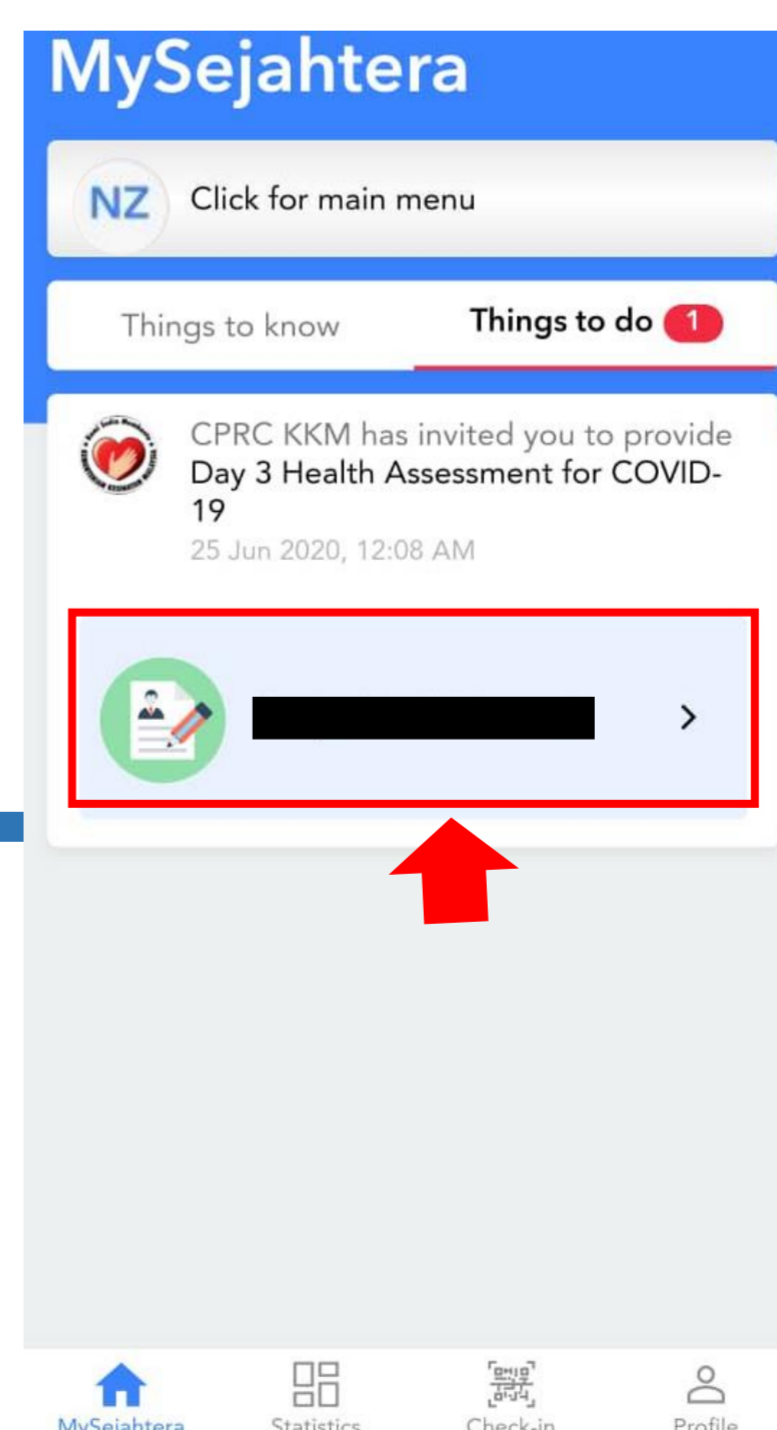
5. You will receive a sms or an email. Enter the OTP number or click the link in the email to activate your account.



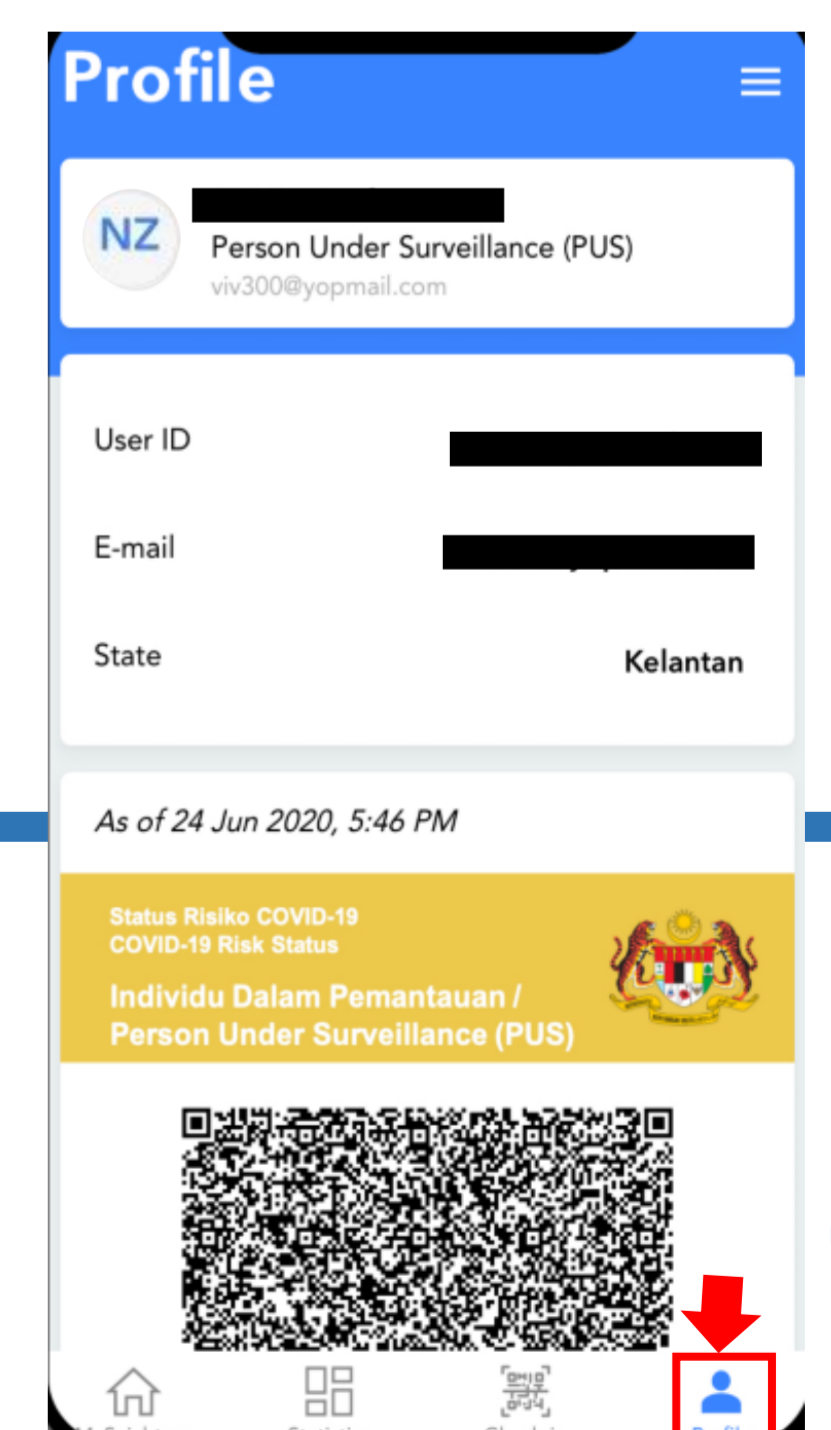
7. Open "MySejahtera" application and login using registered phone number or email.



8. Click on "Things to do".



9. Answer all assessment.



10. Registration complete and in tab "Profile" will show your Health Assessment Status.